

FAMILY RUN  
**Beach Cafe**

SINCE 2003

**ALL DAY BREAKFAST**

**Standard Breakfast** 7.50  
Two bacon, two sausages, egg, beans, grilled tomato and fried bread or toast.

**Big Breakfast** 9.50  
Two bacon, two sausages, two eggs, black pudding, hash brown, beans, grilled tomato and fried bread or toast

**Mini Breakfast** 5.50  
Bacon, sausage, fried egg, beans, grilled tomato and fried bread or toast.

**Scrambled or Poached Egg and Smoked Salmon** 7.50  
Served with white or wholemeal toast and a salad garnish

**Vegetarian Breakfast (\*)** 7.50  
Vegetarian burger or two vegetarian sausages, egg, beans, grilled tomato, hash brown and fried bread or toast.

**Vegetarian Mini Breakfast (\*)** 5.50  
Vegetarian sausage, egg, beans, grilled tomato, hash brown and fried bread or toast.

**Breakfast Items (create your own breakfast)** 1.55  
Bacon, sausage, egg, beans, two hash browns, grilled tomatoes.

**Grilled Manx Kippers** 7.50  
Served with wholemeal bread

**Egg on Toast** 4.75  
Fried, scrambled or poached egg.

**Beans on Toast** 4.75

**Bacon Barm** 4.75

**Sausage Barm** 4.75

**Fried Egg Barm** 4.75

**Toasted Teacake** 1.95

**Toast** White, wholemeal or gluten free. 0.95

**SALADS**

**Prawn Salad** 8.95  
Chilled prawns, rocket, cherry tomatoes, cucumber, red onions and peppers, with lemon, marie rose or sweet chilli dressing.

**Traditional Salads** 8.95  
Ham, grated cheese or tuna mayonnaise salad, with rocket, cherry tomatoes, cucumber, red onions and peppers.

**Feta Cheese and Walnut Salad** 8.95  
Feta Cheese, rocket, cherry tomatoes, cucumber, peppers, red onions, olives, walnuts and a lemon dressing

**TRADITIONAL FAVOURITES**

**6 oz Beefburger or Vegetarian Burger (\*)** 7.95  
on a barmcake wih lettuce, tomato & onion. add cheese 0.60

**Crispy Chicken Burger** 7.95  
on a barmcake wih lettuce, tomato & onion. add cheese 0.60

**Hot Beef Barm, Fried Onions & Gravy** 7.95  
Silverside of beef in a rich pan roast gravy with sauteed onions, served with chips or a dressed salad.

**Steak Pie** 8.50  
Tender pieces of beef in a rich red wine gravy with a puff pastry lid. Served with chips or new potatoes and mushy peas

**Omelette** One filling 7.95  
with chips or salad garnish. Additional filling 1.75  
Fillings: cheese, ham, bacon, peppers, tuna.

**Jacket Potato** One filling 6.25  
with a salad garnish. Additional filling 1.25  
Fillings: cheese, beans, ham, bacon, tuna mayo, chilli (Prawn £1 extra)

**Toasted Sandwich** One filling 5.75  
with a salad garnish. Additional filling 0.95  
Fillings: cheese, ham, tuna mayo or bacon.

**Grilled Spiced Chicken Skewers** 7.95  
with rice or salad, and a honey and soy dip.

**Chilli** 8.75  
Homemade beef chilli, with rice or chips and cheese nachos

**Chilli Nachos** 7.75  
Beef Chilli served on a bed of nachos glazed with cheese

**Penang Curry** Vegan Gluten Free 7.95  
A fiery aromatic coconut sauce with cauliflower, green beans, mange tout and peppers. Served with rice.

**Southern Fried Chicken Goujons** 7.95  
with chips, new potatoes or rice.

**Bacon, Egg & Chips** 6.95

**Sausage, Egg & Chips** 6.95

**Double Egg & Chips** 5.95

**Popcorn Chicken & Chips (adult)** 6.95

**Chicken Nuggets & Chips (adult)** 6.95

**Sandwiches** 3.50  
Served on white or wholemeal bread. Fillings: Ham, cheese, beef and tuna mayonnaise. Prawn £1 extra.

**FISH & SEAFOOD**

**Fresh Haddock** 9.50  
Battered or grilled, served with chips or new potatoes and mushy peas.

**Lightly Spiced Haddock** 9.50  
Grilled with butter, lemon juice and chilli flakes, served with chips or new potatoes and a salad garnish.

**Scampi** 10.95  
Breaded wholetail scampi, with chips or new potatoes and a salad garnish.

**Salmon and Dill Fishcakes** 8.95  
With a dressed salad, chips or new potatoes and chefs own tartare sauce.

**Fish Finger Goujons & Chips** 7.95  
Sizzling hot fish fingers, served with chips

**Fish Finger Goujon Barm** 6.25  
Sizzling hot breaded fish fingers served on a barmcake with rocket salad, with a mayo dip on the side.

**Salt & Pepper Squid** 7.95  
with sweet chilli dip and rice or chips.

**CHILDRENS MENU**

*All served with chips, rice, new potatoes or salad. Add beans or mushy peas for 50p*

**Popcorn Chicken** 4.80

**Chicken Nuggets** 4.80

**Fish Finger Goujons** 4.80

**Sausage** 4.80

**Vegetarian Sausage (\*)** 4.80

**Chargrilled Chicken Skewers** 4.80  
With a honey and soy dip

**EXTRAS**

**Portion of chips** 3.10

**Chip Barm** 3.95

**Mushy Peas** 0.75

**Beans** 0.75

**Gravy** 0.75

 See hot drinks menu inside

 See fridges inside for drinks, snacks and cakes

(\*) contains items cooked in same oil as meat and fish dishes